



**“Healthy Women Build Healthy Communities”  
RI CHES Regional Meeting Summary**

<b>Total Attendees:</b>	<b>98</b>
Nash County	19
Lee County	17
Rowan	13
New Hanover	8
Guilford	27
Buncombe	14

<b>Total Organizations Represented:</b>	<b>64</b>
Hospitals	8
Health Departments	15
Statewide Nonprofits	8
Community-Based	33

<b>Total Evaluations</b>	<b>73</b>
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**Themes from all meetings:**

1. Attendees overwhelmingly valued the opportunity to network and share programming ideas.
2. Attendees are struggling to meet the needs of their clients, and appreciate the idea of developing a network of resources on women’s health.
3. Serving Latinas and meeting the needs of pregnant and parenting teens were often at the front of attendee’s concerns.
4. The concept of a women’s health toolkit was supported by attendees, overwhelming preference for an electronic toolkit with links to various sites of interest.
5. There is a need for continued networking and sharing of information regarding women’s health across counties and across the state.

## Evaluation Responses

### Overview of Women's Health:

Very valuable	44
Valuable	18

#### Comments:

*Pleased to see interest for improvement of women's health.*

*Very informative and inclusive of varied organizations doing women's health work.*

*Great overview of current situation and need for this project.*

*Very good information on resources available.*

### Host agency presentation:

Very valuable	57
Valuable	9
Somewhat valuable	2

### Role of the Community-based organization-sharing session:

Very valuable	58
Valuable	15

#### Comments:

*This was a great idea; helps to know what other agencies are available.*

*Great open discussion and networking opportunity.*

*This is exactly what I needed to get a better sense of partnership possibilities.*

*Wonderful! Very helpful and so glad to hear of the great work going on.*

*Heard some great ideas, and enjoyed hearing about different programs in the area.*

### Women's health services for Latinas:

Very valuable	49
Valuable	14
Somewhat valuable	2
Not valuable to me	1

#### Comments:

*Education is the issue for proper health. I am glad that uniformity of information will be spread throughout the community.*

*Overall information on Latinas was very helpful to me.*

*Very important and often forgotten aspect of services, great ideas and presentation.*

*Keep doing this piece with everyone.*

*Loved it!*

*We're not quite ready to add this component, but it's great to plan for it.*

*Excellent information, would like to use for future programs.*

*Very useful in helping to understand the Latina culture.*

*Great insight and ideas on how to work with Latinas.*

### Women's health toolkit:

Very valuable	54
Valuable	9

#### Comments:

*This is a wonderful idea to promote disciplinary habits in our clients for a more efficient interaction with medical personnel.*

*Very good presentation.*

*Great idea, glad you developing this.*

*Great idea to have resources for women's health in one place.*

*I would love to utilize this resource, hope it is publicized when complete.*

*Very excited about this.*

*Very excited about it's launch. I know it will be very helpful. Perhaps you could include a monthly list of conferences/forums going on in NC regions regarding women's health.*

*I look forward to using the toolkit—it will be widely used in my organization.*

*Great idea—an online toolkit would be fabulous.*

*Much needed, especially when working with youth to help improve what they "should" already know.*

**As a result of today's meeting I will...**

*...be expectant and ready to be part of making this project become a community-wide reality.*

*...utilize the information to better assist all of our clients.*

*...have more contacts for resources for clients.*

*...have a better understanding of how to obtain information on women's health issues.*

*...develop a newsletter on women's health.*

*...seek out more faith based organizations for volunteers.*

*...work harder to learn needs of community.*

*...use the list of participants from today and email contacts for local resources.*

*...seek out organizations I had not thought of to partner with.*

*...inform my colleagues of several new resources, and be more aware of cultural competency concerns.*

*...stay connected with the RICHES project.*

*...utilize the NCHSF website.*

*...add to our agency list of contacts.*

*...check out the Office of Minority Health resources.*  
*...commit to network more with other agencies.*  
*...collaborate more.*  
*...focus on the needs of minority women and teens more.*  
*...will make a phone call today to another CBO to partner on women's health.*  
*...incorporate additional women's health messages into my work with teens.*  
*...create appropriate materials for Latinas.*  
*...be more aware of women's health problems outside my specific field—take a more holistic view of my client's needs.*  
*...talk with my staff about collaboration and expansion of women's health issues.*  
*...order materials from the NCHSF.*  
*...look forward to the toolkit launch.*  
*...utilize new resources to decrease teen pregnancy rates and STIs.*  
*...attend future RI CHES meetings/forums.*  
*...try to think of ideas for the toolkit and send them in.*  
*...pursue collaboration with other agencies to strengthen grant proposals, and train staff in cultural differences.*  
*...will definitely utilize the new connections I've made today in my community.*

**The most valuable component of today's meeting for me was:**

*...learning the need for inclusive women's health services.*  
*...hearing about other county's programs.*  
*...networking.*  
*...hearing what a community-based organization can do to improve women's health.*  
*...learning new resources.*  
*...learning about the toolkit.*  
*...thinking about the role of men in improving women's health.*  
*...learning about the role of adolescent health in women's health.*  
*...finding out about the services of the NCHSF.*  
*...the health data and statistics.*  
*...women's health services for Latinas.*  
*...hearing innovative programming ideas.*

If RICHES meetings/events are scheduled in my area again, I would like to see the following topic(s) addressed:

*Issues related to deaf women*

*Teens—STDs, pregnancy and parenting*

*Role of father's health, particularly teen fathers*

*Car seat installation*

*Midwives*

*Access to health care for low income women*

*How to's—how to facilitate culturally competent services*

*Grant sharing ideas*

*HIV/AIDS*

*Substance abuse*

*Domestic Violence*

*Holistic approaches to women's health*

*Strategies on marketing programs*

*Engaging participation of minorities*

*How to medication and supplies for patients who cannot get Medicaid*

*Working with the media*

*Women with disabilities*

*Community grant writing for CBOs*

*Family and marriage*

*Infectious disease control*

*Health education strategies for women*

*Prevention topics*

*Mental health*

*Sexual abuse and impact on women's health*

*Breastfeeding*

*How to utilize lay health advisors/community peer counselors*

*Program sustainability*

*Dropout prevention*

*How CBOs can collaborate with faith based organizations and churches on women's health*

*Midlife services*

**Other comments:**

*Would appreciate a "script" for working with Latinas and encouraging health screenings, so to be sure to say the right phrases*