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Introducing the NC FAMILY PLANNING WAIVER ...

You're a mother.

You understand that having a child is a big commitment. You also know that you AND your family will benefit if you plan for another child when the time is right.

Planning your pregnancy (when the time is right for you) just got a little easier …

NC's Family Planning Waiver

can help.

What is the Family Planning Waiver?

The **NC Family Planning Waiver** is an insurance program that pays for family planning services at local health departments and various health centers. Some private doctors, midwives and nurse practitioners also participate. The other good news? There's **NO COST** to you!

With the **Family Planning Waiver**, you can get:

- Your physical each year
- Most types of birth control (including getting your tubes tied)
- Pregnancy tests
- Testing for sexually transmitted infections
- Help with planning when to have a baby
- Doctor referrals

You'll decide when the time is right.

Call today to get your application. You may qualify if you are between 19 and 55, not pregnant, a resident of North Carolina, a U.S. citizen (or legal resident) and your family income is about $25,000 to $65,000 a year. Eligibility income increases with the size of your family.

For more information and an application, call
NC Family Health Resource Line
1-800-367-2229
or call your local health department or talk to your healthcare provider.

To learn more, go to:
www.dhhs.state.nc.us/dma/mfpw/mfpwconsumer.htm

Family Planning Medicaid is a waiver program that will end October 1, 2010, unless it is extended.